MICHAEL W. GROVES, DC

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OCCUPATIONAL HISTORY

2012 - Present

Owner, Clinic Director, Chiropractor (Pain Free Move Well Clinic, Lynnwood WA)

2006 - 2012

<u>Independent Contractor/Associate (Long Chiropractic Center Seattle, WA)</u>

Manage and develop own clinical practice with emphasis on patient care (treatment, diagnosis, and rehabilitation).

2006 - 2012

Associate (Long Chiropractic Center, Seattle, WA)

Established new patient exams in concert with current patient re-exams, x-ray analysis, and treatment. Developed and implemented policies/procedures in the rehabilitation department. Write Personal Injury and Labor and Industries reports.

2005 - 2008

Clinical Reviewer (CID Management, Santa Clara, CA)

Reviewing treatment requests submitted by treating physicians in order to make a determination of medical necessity based on evidence based guidelines.

2004

Clinic Abroad (Hyderabad, India)

Worked in a Muslim medical facility, treated a multitude of conditions including migraines/headaches, osteoarthritis, low back disk conditions, upper/lower extremity, vertigo, and pediatric conditions.

EDUCATION AND LICENSURE

2005-Present	Doctor of Chiropractic, Licensed in the State of Washington, License #00034535
2004	Doctorate of Chiropractic, Palmer College of Chiropractic, Davenport, Iowa
2004	National Board of Chiropractic Examiners, Part IV
2003	National Board of Chiropractic Examiners, Part III
2002	National Board of Chiropractic Examiners, Part II
2002	National Board of Chiropractic Examiners, Part I
1998-2000	Bellevue Community College
1996-1998	Western Washington University

SELECTED POST-GRADUATE EDUCATION AND CERTIFICATIONS

Personal Injury Documentation

Three stages of soft tissue healing, narrative reports, therapeutic protocol, sensitivity testing, subjective and objective diagnostics, top five colossus categories, six necessary steps to tell the story of a personal injury case, how to document and defend against preexisting condition and low impact injuries, how to properly document medicals, impairments, pain and suffering, and need for futures cares. (Paul Hollern DC; Washington and Oregon, 2017).

Module IV

Medicolegal Issues; Fundamentals for Practioner's and Forensic Experts Foundations of successful outcome in medicolegal cases. Preparing for depositions, arbitration, and court. Use of demonstrative

evidence. Identify common pitfalls and how to avoid them. Learn how to take advantage of your opponent's weaknesses. Gain total confidence in all medicolegal proceedings. (Arthur C. Croft PhD, DC, MSC, MPH; Oregon, 2015).

Personal Injury Education:

Narratives, office systems and admissibility, lawyers and medical specialist in handling personal injury cases, plaintiff IME, testifying, IME and peer review rebuttal, clinical and diagnostic testing, and practice compliance. (Mark E. Studin, DC, FASBE(C), DAAPM, DAAMLP; Washington, 2015).

SFMA Level I Certification

Learn repeatable diagnostic metrics including seven full-body movements, break down movement patterns into a systematic way to reach a movement diagnosis of either mobility or stability/motor control dysfunction. (SFMA physical therapists, Colorado, 2012)

TECHNIQUES

- Diversified
- Thompson
- Gonstead
- Impulse
- Spinal rehab
- Activator
- Pettibone
- Extremities
- Myofascial Release
- Selective Functional Movement Assessment (**SFMA**)